

# The **MOVE** Formula

*“Get me seeing it, hearing it and doing it!”*

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## **M**aking **O**ptimal **V**-**A**-**K** **E**nvironments [Visual-Auditory-Kinesthetic]

Your students learn in different ways. Your varied content requires varied presentation modalities. Utilize the following formula to get your students pre-engaged and give your content the power to move!

- 🌀 Move my feet...get music going!
- 🌀 Move my eyes...get visuals up!
- 🌀 Move my ears...get me up to speed!
- 🌀 Move my mouth...get me talking with others!
- 🌀 Move my brain...get me thinking!
- 🌀 Move me...get me moving purposefully!
- 🌀 Move on...get to the point!